



Your First Office Visit

Before you visit our office you are given the opportunity to fill out most of your medical history online via the patient portal. When you arrive at the office we will review your medical history. If you do not feel comfortable filling out your information online you can print the patient forms, fill them out, and bring them with you during your visit.

Arrive 15 minutes early for your appointment. Please have your insurance card and a photo identification card. Copays will be collected before our provider sees you. We take all major credit cards, checks, and cash.

A medical assistant will gather your vital signs and ascertain the reason for your visit. Next you will meet our healthcare provider Dr. Keeling-Johnson. After going over your complete history Dr. Keeling-Johnson will perform a physical examination. You may need to undergo an anorectal examination, which is comprised of a digital rectal exam, anoscopy, and proctosigmoidoscopy. The examination may be slightly uncomfortable but most patients do not have a significant amount of pain. Performing two tap water enemas at home the morning of your appointment will allow better visualization of your anorectal anatomy. If you have severe anal pain you will not be subjected to an internal anal examination so you do not have to perform an enema.

A treatment plan will be formed after your examination. This may include counseling on dietary or lifestyle modification, medication, and further diagnostic testing, or scheduling a procedure. Follow-up appointments will also be scheduled at the end of your appointment.

We look forward to your visit. If you have any questions or concerns, please do not hesitate to call our office.