



Fecal Incontinence

Incontinence is the inability to control gas or stool. Patients are frequently embarrassed by the condition and may not speak to their healthcare professionals and therefore diagnosis and treatment are delayed.

The majority of cases are caused by injury during childbirth. The muscles may tear during delivery or the nerves can become injured. It is important to determine the cause and degree of incontinence in order to provide the best treatment options to patients.

Diagnosing fecal incontinence requires a complete history and physical, anal manometry, endoanal ultrasound, and pudendal nerve testing.

Treatment options:

- Dietary modification
- Constipating agents
- Muscle strengthening exercises
- Biofeedback
- Injectable bulking agents
- Anterior muscle repair
- Sacral nerve stimulator
- Artificial anal sphincter

The above information is not intended to replace instructions from your healthcare provider. If you think you have fecal incontinence please call our office for an appointment.